

About Our Group:

Ear Nose and Throat Consultants of Nevada (ENTC) represents a state of the art practice dedicated to the diagnosis and treatment of diseases of the head and neck and related structures (the medical specialty of otolaryngology).

ENTC is the largest ear, nose and throat specialty practice in the entire southwest desert. ENTC provides a comprehensive and unique capability to evaluate and treat disorders in this field of health care.

The mission of ENTC, since its inception, has been to provide excellent care for patients and to accomplish this within a friendly, caring atmosphere. The physicians of ENTC comprise a group of dedicated and highly trained specialists with a tradition of service excellence in Nevada for the last five decades. Additionally, difficult cases are frequently discussed at regular group meetings so that these patients receive the benefit of opinions from 8 or 9 physicians.

Finally, ENTC is a dynamic organization keeping pace with technological and informational progress in otolaryngology for the benefit of its patients and referring physicians.

**www.entic.com
(702) 792-6700**

NOSEBLEED INSTRUCTIONS

EAR, NOSE & THROAT CONSULTANTS OF NEVADA

WALTER SCHROEDER, M.D., F.A.C.S., F.A.A.P.

DAVID FOGGIA, M.D.

ASHLEY SIKAND, M.D., F.A.C.S.

FREDERICK GOLL, III, M.D.

LARRY YU, M.D.

TIMOTHY TOLAN, M.D.

PATRICK O'DONNELL, M.D.

JAMES HEROY, III, M.D., F.A.C.S.

CHARLES ABDO, M.D.

G.M. HEMMETER, M.D.

www.entic.com

(702) 792-6700

Fax (702) 792-7198

info@entic.com

Southwest Office

8530 W Sunset Rd. #230

Las Vegas, NV 89113

Green Valley Office

10001 S. Eastern Ave. #209

Henderson, NV 89052

Northwest Office

7040 Smoke Ranch Road

Las Vegas, NV 89128

Supplies Needed:

- a. Nasalcease (available at CVS pharmacies) follow printed instructions.
- or-
- b. 1/2% Neo-Synephrine Drops (over the counter at your pharmacy), Bacitracin ointment (over the counter at pharmacy), cotton balls.

Procedure for Nasalcease:

1. Roll Nasalcease (as on instructions)
2. Place in nose
3. Apply pressure by pinching cartilage part of the nose, just below the bone for 10 minutes.

Procedure for Active Bleeding:

1. Apply Neo-Synephrine to cotton balls, thoroughly wetting the surface
2. Be sure to remove any clots by gently blowing nose before inserting cotton ball into bleeding nostril.
3. Apply pressure by pinching cartilage part of the nose just below the bone, holding this pressure for 10 minutes. Leave the cotton ball in place and observe for any bleeding from nose or down the back of throat. If bleeding continues, reapply pressure for another 10 minutes.
4. Leave cotton ball in for 30 minutes and then gently remove.

Procedure for 2 Weeks After Cautery of Nose:

1. Apply Neosporin, Bacitracin Ointment, or Rhinaris gel to affected side twice daily.
2. Also spray with saline or Rhinaris 4 times daily. Do not blow nose for 2 weeks.

Procedure for Preventing Further Nosebleeds:

1. Use saline spray: Ayr, Ocean Mist Drops, Rhinaris spray or gel two or three time per day to moisten nasal passages and promote healing.
2. Three times a day use Bacitracin or Neomycin ointment into affected nostril(s).

Websites of Interest

- www.MedlinePlus.gov
- www.WebMD.com
- www.ENT.org